

# The "Spring" Schiff Scout Off Road Duathlon and Relay

Sunday April 26, 2009 9am rain or shine  
2 mile Trail Run, 11 mile Mountain Bike, 2 mile Trail Run

Entry: Individual 50.00 Relay 90.00 This is a Sanctioned USAT event, if you are a member you must  
After 4/11 Individual 55.00 Relay: 95.00 bring your card, or purchase a 1 day 10.00 license fee. Make check  
Race Day Individual 65.00 Relay 110.00 payable to: Dirtyevents, 11 Sansun lane St. James, N.Y. 11780

Field limited to 300 athletes. Must send a Self Addressed stamped Envelope

Location: Schiff Scout camp, Wading River Road, Wading River

Directions: Long Island Expressway to exit 69, go North 5 miles, over Rt 25, camp is on Rt side

More Info: Visit our website: Dirtyevents.com or call 631-584-5886

Awards: Top 3 Overall Male/Female, and top 3 in each age group (5 year increments) 14 and under, up to 70+

Relays: 2 or 3 person teams allowed (2 person teams double the runners age) Top 3 Male/ Female / Coed

Combined age 0-130, 131 and over, Single gear and Cyclocross Category , Top 3 Male/ Female

Clydesdale Category (Men 200 lbs and over) Athena Category (Women 140 lbs and over) Top 3 in each group

Registration: 9am race packet pick up, race day sign ups 10:55am pre-race instructions

Post Race Party: hot and cold food served inside Hayden hall, Massage Therapy, Huffy-Toss, Expo and DJ

Raffle: Awesome Mountain Bike and many more products

Course: 2 mile trail run around lake, scenic course w/ a few nice hills and 1 water stop. 11 mile Mountain bike, a 5.5 mile loop covered twice, Mostly wide, hard packed single track w/ rolling hills. Finish w/ the same run as the first.

The course will be well marked and will have plenty of volunteers along the course.

**Visit our website @ [www.Dirtyevents.com](http://www.Dirtyevents.com)**

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All Athletes under 18 must have a parent/guardian sign waiver. All relays must sign waiver (can make copies)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Email Address \_\_\_\_\_

Male \_\_\_ Female \_\_\_ Individual \_\_\_ Team \_\_\_ T-Shirt sizes: M \_\_\_ L \_\_\_ XL \_\_\_

Relay ages: Runner \_\_\_ Biker \_\_\_ Runner \_\_\_ Team Name \_\_\_\_\_

USAT # \_\_\_\_\_ Clydesdale \_\_\_\_\_ Athena \_\_\_\_\_ Singlegear \_\_\_ Cyclocross \_\_\_\_\_

In consideration of your accepting this entry, the undersigned intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Dirtyevents, Schiff Scout Reservation, all sponsors, the people of New York, their offices, agents, and employees, for all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for the competition of this event and that my physical condition has been verified by a licensed medical doctor. Further, I hereby grant permission to any of the foregoing to use any photographs, video tapes, motion pictures, recordings, or any other record of this event for any purpose whatever.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(or Guardian if under 18 years old)